

# October 2018

## Elementary Lunch

Choice of one Entrée, Seasonal Fruits & Veggies, and nonfat or 1% Milk

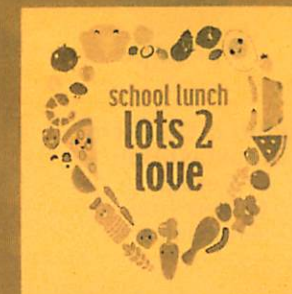
Pizza is made fresh daily with whole grain crust & reduced fat cheese.

\*May contain pork ^Meatless option

Full Price Lunch \$3.00  
 Reduced Price Lunch \$4.00  
 Extra Milk 50¢ Extra Juice 40¢  
 Menu Subject to Change

| Monday   | Tuesday   | Wednesday   | Thursday  | Friday  |
|--|---|---|---|---|
| 1 Fall Break<br>  | 2 Fall Break<br>   | 3 <b>BBQ Pulled Pork Sandwich*</b><br><b>Chicken Nuggets</b><br><b>Bean &amp; Cheese Burrito^</b><br><b>Smart Choice Pizza*^</b><br>Seasonal Salad Bar<br>Chocolate Chip Cookie   | 4 <b>Meatballs &amp; Marinara Sub</b><br><b>Dippin' Chicken &amp; Sauce</b><br><b>Smart Choice Pizza*^</b><br>Seasonal Salad Bar  | 5 <b>Chicken Sandwich</b><br><b>Spicy Chicken Sandwich</b><br><b>PBJ Sandwich^</b><br>& String Cheese<br><b>Smart Choice Pizza*^</b><br><b>Manager's Choice*</b><br>Seasonal Salad Bar                            |
| 8 <b>'Lil Kahuna Double Dog</b><br><b>Chicken Sandwich</b><br><b>Spicy Chicken Sandwich</b><br><b>Cheesy Stix^ &amp; Marinara</b><br><b>Smart Choice Pizza*^</b><br>Seasonal Salad Bar | 9 <b>Meatloaf &amp; Mashed Potatoes</b><br><b>Chicken Nuggets</b><br><b>PBJ Sandwich^</b><br>& String Cheese<br><b>Smart Choice Pizza*^</b><br>Seasonal Salad Bar | 10 <b>Corn Dog</b><br><b>Dippin' Chicken &amp; Sauce</b><br><b>Cheeseburger</b><br><b>Smart Choice Pizza*^</b><br>Seasonal Salad Bar<br>Chocolate Chip Cookie   | 11 <b>Macaroni &amp; Cheese^</b><br><b>Dippin' Chicken &amp; Sauce</b><br><b>Smart Choice Pizza*^</b><br>Seasonal Salad Bar   | 12 <b>Carnitas Quesadilla</b><br><b>Cheesy Quesadilla^</b><br><b>Chicken Sandwich</b><br><b>Spicy Chicken Sandwich</b><br><b>Smart Choice Pizza*^</b><br><b>Manager's Choice*</b><br>Seasonal Salad Bar           |
| 15 <b>Mini Corn Dogs</b><br><b>Chicken Sandwich</b><br><b>Spicy Chicken Sandwich</b><br><b>Smart Choice Pizza*^</b><br>Seasonal Salad Bar  | 16 <b>Baja Fish Taco</b><br><b>Dippin' Chicken &amp; Sauce</b><br><b>PBJ Sandwich^</b><br>& String Cheese<br><b>Smart Choice Pizza*^</b><br>Seasonal Salad Bar    | 17 <b>Orange Chicken w/ Rice</b><br><b>Cheeseburger</b><br><b>Smart Choice Pizza*^</b><br>Seasonal Salad Bar<br>Chocolate Chip Cookie   | 18 <b>BBQ Meatballs &amp; Mashed Potatoes</b><br><b>Chicken Sandwich</b><br><b>Spicy Chicken Sandwich</b><br><b>Smart Choice Pizza*^</b><br>Seasonal Salad Bar<br>Brownie Cup | 19 <b>Toasty Grilled Cheese Sandwich^</b><br><b>Popcorn Chicken</b><br><b>Smart Choice Pizza*^</b><br><b>Manager's Choice*</b><br>Seasonal Salad Bar  |
| 22 <b>Kickin' Chicken Drumstick</b><br>& Mashed Potatoes<br><b>Cheeseburger</b><br><b>Smart Choice Pizza*^</b><br>Seasonal Salad Bar   | 23 <b>Turkey Taco</b><br><b>Chicken Nuggets</b><br><b>PBJ Sandwich^</b><br>& String Cheese<br><b>Smart Choice Pizza*^</b><br>Seasonal Salad Bar                   | 24 <b>BRUNCH FOR LUNCH:</b><br><b>Maple Burst'n Mini Pancakes</b><br>& <b>Sausage Patties*</b><br><b>Popcorn Chicken</b><br><b>Smart Choice Pizza*^</b><br>Seasonal Salad Bar<br>Celebration Cookie   | 25 <b>Cheeseburger Sliders</b><br><b>Chicken Sandwich</b><br><b>Spicy Chicken Sandwich</b><br><b>Smart Choice Pizza*^</b><br>Seasonal Salad Bar                               | 26 <b>Cheesy Quesadilla^</b><br><b>Carnitas Quesadilla</b><br><b>Chicken Nuggets</b><br><b>Deli Sandwich</b><br><b>Smart Choice Pizza*^</b><br><b>Manager's Choice*</b><br>Seasonal Salad Bar<br>Frozen Fruit Cup |
| 29 <b>Bean &amp; Cheese Burrito^</b><br><b>Popcorn Chicken</b><br><b>Hot Dog on a Bun</b><br><b>Smart Choice Pizza*^</b><br>Seasonal Salad Bar   | 30 <b>Pork Carnitas Taco*</b><br><b>Dippin' Chicken &amp; Sauce</b><br><b>Smart Choice Pizza*^</b><br>Seasonal Salad Bar  | 31 <b>Chicken Enchilada</b><br><b>Spicy Chicken Sandwich</b><br><b>Chicken Sandwich</b><br><b>Smart Choice Pizza*^</b><br>Seasonal Salad Bar<br>Chocolate Chip Cookie<br>Chillin' Bat Orange Ice<br> |   |   |

Celebrating National School Lunch Week  
 October 15-19



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Santa Clarita Valley School Food Services  
 Serving Castaic, Newhall, Saugus, and Sulphur Springs school districts

# October 2018

## Breakfast

Choice of one Entree, seasonal fruit, and milk (nonfat or 1%).

All Grains are Whole Grain-Rich

\*May contain Pork

Full price Breakfast \$1.50

Reduced price Breakfast \$0.00

Extra Milk 50¢ Extra Juice 40¢

Menu Subject to Change

| Monday  | Tuesday   | Wednesday  | Thursday  | Friday  |
|---|---|--|---|---|
| 1 Fall Break<br>   | 2 Fall Break<br> | 3 <b>Breakfast Quesadilla &amp; String Cheese Breakfast Bun Cereal</b><br>Chilled Fruit<br>Fresh Fruit   | 4 <b>Strawberry Splash Mini Pancakes Breakfast Bun Cereal</b><br>Chilled Fruit<br>Fresh Fruit | 5 <b>Cinnamon Roll Breakfast Bun Cereal</b><br>Chilled Fruit<br>Fruit Juice           |
| 8 <b>Yogurt &amp; Crackers Breakfast Bun Cereal</b><br>Chilled Fruit<br>Fruit Juice                 | 9 <b>Breakfast Bagel Breakfast Bun Cereal</b><br>Chilled Fruit<br>Fresh Fruit                     | 10 <b>Maple Burst'n Mini Pancakes Breakfast Bun Cereal</b><br>Chilled Fruit<br>Fresh Fruit   | 11 <b>Apple Cinnamon Muffin Breakfast Bun Cereal</b><br>Chilled Fruit<br>Fresh Fruit          | 12 <b>Breakfast Pizza* Breakfast Bun Cereal</b><br>Chilled Fruit<br>Fruit Juice       |
| 15 <b>Blueberry Bash Mini Waffles Breakfast Bun Cereal</b><br>Chilled Fruit<br>Fruit Juice          | 16 <b>Super Star Corn Muffin Breakfast Bun Cereal</b><br>Chilled Fruit<br>Fresh Fruit             | 17 <b>Breakfast Burrito Breakfast Bun Cereal</b><br>Chilled Fruit<br>Fresh Fruit   | 18 <b>Sausage Biscuit Breakfast Bun Cereal</b><br>Chilled Fruit<br>Fresh Fruit                | 19 <b>Pancake Sausage Stick* Breakfast Bun Cereal</b><br>Chilled Fruit<br>Fruit Juice |
| 22 <b>Triple Berry Blast Mini French Toast Breakfast Bun Cereal</b><br>Chilled Fruit<br>Fruit Juice | 23 <b>Breakfast Pizza* Breakfast Bun Cereal</b><br>Chilled Fruit<br>Fresh Fruit                   | 24 <b>Scrambled Slider Breakfast Bun Cereal</b><br>Chilled Fruit<br>Fresh Fruit  | 25 <b>Cinnamon Roll Breakfast Bun Cereal</b><br>Chilled Fruit<br>Fresh Fruit                  | 26 <b>Buttermilk Bar Breakfast Bun Cereal</b><br>Chilled Fruit<br>Fruit Juice         |
| 29 <b>Banana Muffin &amp; String Cheese Breakfast Bun Cereal</b><br>Chilled Fruit<br>Fruit Juice    | 30 <b>Cinnamon Toast Breakfast Bun Cereal</b><br>Chilled Fruit<br>Fresh Fruit                     | 31 <b>Breakfast Bagel Cereal Breakfast Bun</b><br>Chilled Fruit<br>Fresh Fruit<br> |   |   |



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*What makes a Great Breakfast*  
 Select at least 3 items!

|                                 |             |
|---------------------------------|-------------|
| Milk                            | Fruit Juice |
| 2 Grains or A Grain and Protein | fruit       |

One must be a  
 Fruit Juice AND/OR fruit

